

The Chabot PTA is pleased to sponsor the upcoming parent education event. The presentation will be held during the first hour of the regularly scheduled PTA meeting, on Thursday, April 30th from 6:30 to 7:30 p.m. in the Multipurpose Room on the Chabot campus at 6686 Chabot Rd, Oakland, CA 94618. The final half hour of the meeting will include PTA business.

CHABOT ELEMENTARY
OAKLAND UNIFIED SCHOOL DISTRICT • HOME OF THE BOBCATS



PTA MEETING

Going Beyond IQ:

The Value of Developing Growth Mindset

with **Jenny Ettinger and Laura Shield**

Thursday, April 30th
6:30 to 7:30 p.m.
Multipurpose Room
Chabot Campus
6686 Chabot Rd
Oakland, CA 94618



A “growth mindset” is the understanding of intelligence and abilities as qualities we can develop, rather than being fixed attributes. Instead of being discouraged by a setback, a child with a growth mind set sees the experience as part of the learning process, not a result of their inherent lack of skill. Studies of children who have adopted a growth mind set have found that it has a powerful positive effect on their motivation, learning, and school success.

Given this, how can we integrate a growth mindset into our day-to-day lives with our children? Equally important, what words and actions unknowingly support the notion that intelligence is fixed? Chabot educators **Jenny Ettinger** **Laura Shield** will help us understand the value of a growth mind set and how it can be used bring out the best in our children- and ourselves!

This event is open to the public and child care is provided. To indicate your need for child care, please follow this [LINK](#). You will receive an email confirmation prior to the event.