Hoop Power

Hoop Dance Class at Chabot Elementary School

Grades: 2-5
Day/Time: Wednesdays 2:05-3:05pm
Dates: March 22nd-June 11th (no class on March 31st or April 7th)
Tuition: $130 for 10 weeks (scholarship available)
Location: Multipurpose Room

Hoop-Dance integrates hula-hooping, movement, and FUN!! The session will start with waist hooping, team building & exploring different sizes & weights of hoops. Kids will then choose a hoop and decorate it! Every class will consist of a warm-up, hoop-dance moves, hooping games, stretching and an ending hoop-circle. Participants will take their very own, one-of-a kind hoops home at the end of the session.

Kaye Anderson is the founder of Hoop Power and a Clinical Social Worker with over 15 years of experience working with children. She is a certified hoop-dance teacher who is excited to share the physical and emotional benefits of hooping with kids of all ages!

Tear off and mail with payment to: Hoop Power, 1192 Laurel St. Berkeley, CA 94708

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I give permission for my child: _______________ Grade ______

to attend Hoop Dance class on Wednesdays at Chabot School, beginning March 22, 2010. Fee: $130

Address: ________________ City: ___________

Parent/Guardian's Name(s):_________________________

Home Phone: ___________ Cell:___________ Other phone:__________

Email (for class updates): _____________________

Medical conditions and/or allergies/food limitations: _______________

After Hoop-Dance my child: Will attend afterschool Yes No
Will be picked up at 3:05 Yes No

Emergency Contact: ______________________Phone: ______________

Parent Signature: ____